

> 08 Christmas market



> 16 Remembering



> 24 Win panto tickets



# thenewhammag

issue 288 // 22 November – 6 December 2013

## Homes for heroes

Prioritising housing for  
members of our Armed  
Services (p6 & 11)





FOR A CHANCE TO WIN £100 IN SHOPPING VOUCHERS  
REGISTER YOUR DETAILS ON OUR WEBSITE

# For a fun affordable Christmas

Get into the festive spirit by joining us for some  
fun Christmas events the whole family will enjoy!

## Santa's in Town!

**Sunday 1st December, 11am - 5pm**

For an unforgettable day of fun, laughter, festive music, delicious treats and a chance to meet Santa on his Giant Rocking Chair join The Stratford Centre as they launch Christmas and Santa's Letters.

Each visitor to the Giant Chair will receive a FREE photo to take home, plus this can be shared from The Stratford Centres facebook page.



## Santa's Letters

**1st - 15th December**

Post your letter to Santa at The Stratford Centre (Central Square) to receive a Christmas card from the big man himself. Plus one lucky letter will WIN A CHRISTMAS FEAST with all the Trimmings!\* Download a template from [www.stratfordshopping.co.uk](http://www.stratfordshopping.co.uk) or pick one up from Central Square.

**Last posting date: Sunday 15th December!**

\*Terms & conditions apply. Winning Letter picked at random.

Visit our [www.stratfordshopping.co.uk](http://www.stratfordshopping.co.uk) for further details and show times on all the activities detailed above.



## Celebrating the release of Disney Frozen

(in cinemas 6th December)

**Sunday 8th December,  
11am - 5pm**

- Star in your own movie poster and take home a FREE 6x4 photo in a Disney inspired green screen event.
- FREE entry to WIN A PRIVATE SCREENING\* to see the feature at THE PICTURE HOUSE.
- FREE Christmas workshops.
- Festive carols and lots of giveaways.

\*Facebook photo voting competition. The photo with the most votes wins. Voting goes live Sunday 8th December at 5pm closing at 5pm Friday 13th December. Terms & conditions apply.



## Christmas Goes Pop!

**Sunday 15th December**

Join Santa and his elves Pip and Pop in a magical Christmas cracker of a show that will have you singing, dancing and laughing.

**Show times: 11am, 1pm, and 3pm**



Late night shopping Monday 16th-Saturday 21st and Monday 23rd December till 8pm\*

**FREE WIFI  
NOW AVAILABLE**

LIKE US ON...  FOLLOW US ON... 

FIND US...Stratford Centre, 54a Broadway, Stratford London E15 1NG

# STRATFORD

## CHRISTMAS

\*Please check individual stores as times may vary.

# contents

22 November 2013 // **issue 288**



In this issue, we revisit my contract to residents, feedback on the promises I made to you earlier this year and show how they are making a difference, from our Every Newham Child programme to homes for members of the Armed Services

(p11). We also look back on Remembrance Sunday and Armistice Day, with details of how the events were commemorated in Newham (p16).

As temperatures begin to drop, there's a festive feel in the air. We bring you details of Stratford's Christmas market (p8), meet this year's panto dame at Theatre Royal Stratford East (p24) and give you the chance to win tickets to the show, Dick Whittington.

*Sir Robin Wales*  
Mayor of Newham

**To request a large print version of the Newham Mag call 020 3373 1517 or email [newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)**

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## IN BRIEF //

### Graduate opportunities

Newham Council is encouraging university leavers who are interested in children's social work to consider joining a new practical and academic training programme.

Next year, the council will be taking on eight students from the Frontline graduate programme. The successful recruits will be those who are passionate about safeguarding children and young people and want to get into social work.

To find out more about the two-year training programme visit [www.thefrontline.org.uk](http://www.thefrontline.org.uk)

### Shop local

Shoppers who support local, small businesses in Newham between 30 November and 7 December could be in with a chance of winning up to £500, courtesy of the London Federation of Small Businesses.

On Small Business Saturday, 7 December, Newham Volunteers will be in Meridian Square, E15, to encourage people to shop locally. Businesses will also be handing out freebies.

For more information or to register your local purchase for the prize draw, visit [www.fsb.org.uk/london](http://www.fsb.org.uk/london)

### Crossrail construction work

A traffic management plan will be in place at Seagull Lane in the Royal Docks until 7 December while a new water main is installed as part of construction work on tunnels for the Crossrail project.

A site compound will be set up next to Royal Victoria DLR station. The traffic management system will be put into place to take the traffic around the south side of the roundabout near Seagull Lane to ensure two-way traffic is maintained at all times. For more details visit [www.crossrail.co.uk](http://www.crossrail.co.uk)

## Council staff supporting cancer care



More than £1,000 was raised for the charity Breast Cancer Care at a coffee morning organised by council staff at the council's Newham Dockside offices.

Staff and visitors to the building in the Royal Docks enjoyed homemade cakes and bought raffle tickets in support of the fundraiser, with prizes donated by West Ham United, Theatre Royal Stratford East and others. There was also a sale of books and craft items.

Deputy Mayor, Councillor Lester Hudson, joined the coffee morning and helped served cakes and coffee to staff. He said: "Breast cancer is the most common cancer in women in this country and it is important that we do our bit to help raise awareness of it. The money raised will help Breast Cancer Care to provide support and information about prevention and cure to many people."

## Leisure centre refurbishment on way

Leisure provider activeNewham, in partnership with Newham Council, will be carrying out substantial improvements to East Ham Leisure Centre over the Christmas period to upgrade and modernise facilities.

The package of improvements includes a refurbished gym with the most advanced running machines, cross trainers and exercise bikes, new Power Plate machines, a group cycling area, refurbished changing facilities and improved technology at the centre to make it easier to book classes and activities.

The works mean the centre will close on 23 December and reopen on 6 January. Alternative provision will be available at the borough's other two leisure centres in Prince Regent Lane and Balaam Street, both Plaistow, during this period. For more information visit [www.activeNewham.org.uk](http://www.activeNewham.org.uk)



## Special birthday for shopping centre

Stilt-walkers, balloon modellers and face painters helped Beckton's Gallions Reach Shopping Park celebrate its tenth birthday.

Deputy Mayor, Councillor Lester Hudson cut a special birthday cake as the centre hosted a range of free family

activities to entertain shoppers. There were also fashion shows and free in-store makeovers and pamper sessions for customers.

Centre manager Catherine Goddard said: "We are delighted to celebrate ten years of Gallions Reach and I am pleased that we have been able to reward our loyal customers with free treats and family events."

Gallions Reach Shopping Park has 35 major stores and restaurants and 2,000 free parking spaces. It is open seven days a week till 8pm.



Cllr Hudson cuts the birthday cake

## Cycling improvements and training

Transport for London has opened a new section of Cycle Superhighway between Bow and Stratford, with just under two miles of new cycle track almost entirely physically separated from traffic.

The tragic death of cyclists on London's roads in recent weeks is a reminder to cyclists, other road users and pedestrians, of the part everyone can play in encouraging safer cycling.

Newham Council offers free cycle training to improve cyclists' skills and confidence on the roads. Training caters for all levels from beginners to experienced cyclists and is available for adults, children and family groups. Since April of this year, almost 600 residents have taken a cycle training session.

For more information on cycle training and a checklist of practical cycle safety advice for cyclists, other road users and pedestrians visit [www.newham.gov.uk/safercycling](http://www.newham.gov.uk/safercycling)

## Princess opens new campus

Princess Anne, the Princess Royal, officially opened the new £33m state-of-the-art campus at University Square in Stratford.

University Square, situated at the heart of Stratford's cultural quarter on land previously owned by Newham Council, is a collaboration between the University of East London and Birkbeck University. The five-floor campus offers an alternative model of higher education with flexible part-time and full-time courses and day and evening study opportunities.

Deputy Mayor, Councillor Lester Hudson attended the ceremony. He said: "It is an exciting addition to the world-class facilities already available in Newham. It will not only create a wealth of benefits for the local area but also inspire our residents to enhance their employment opportunities through learning."



Princess Anne opens the campus

# Newham, home of the brave

Last year Newham Council decided that current and former members of the armed services on Newham's housing waiting list should be given priority under our housing allocations policy.

In the month that we remember the servicemen and women who gave their lives serving their country in wars and conflicts across the globe, I met a man who has benefited from that ground-breaking decision.

**"I will make sure Newham continues to lead the country when it comes to progressive housing policy."**

Our allocations policy means current and former members of the armed services – or their spouses – on the housing waiting list are now given the highest priority. They can apply within five years of having left the services and as long as they have a job in Newham or had lived in the borough before joining up. The policy was meant for people like Terry Crosby.

Terry is from a Newham family. He signed up for the Army at the recruitment office in Forest Gate. After a distinguished career serving his country for almost 30 years, rising to the rank of Sgt Major and seeing service in Northern Ireland, the Gulf, Bosnia and

Iraq, he returned to civvy street.

Terry moved into his new home in May. He remains actively involved with his regiment and wears his long service and campaign medals with pride. Yet he rightly has concerns about the disproportionate number of former armed service members who are homeless.

I will make sure Newham continues to lead the country when it comes to progressive housing policy. By making sure we prioritise those who have seen active service in defence of our nation, we continue to recognise their achievements

and help support their future.

We will continue to recognise all they do by flying the Armed Forces flag in June. And we will continue to promote the covenant we signed in 2012 that pledges our support to members of the armed services. They sacrifice a great deal to keep us safe and deserve our respect and support.

And every November we will continue to show our respects on Armistice Day and Remembrance Sunday to those from generations past, as well as those who continue to fall in conflicts and wars.



Sir Robin and former soldier Terry Crosby



## Mayor's view



# Appeal that deserves our support

I know this time of year is particularly busy for everyone but I would ask that you spare a thought for a special appeal that is at the heart of Christmas.

The annual appeal for toys run by Canning Town charity Community Links and the Newham Recorder aims to provide each child referred to it with a Christmas stocking of new gifts. This year the appeal needs to collect 14,000 toys to help almost 4,000 youngsters and their families, and I am happy to be able to do my bit to support it.

Every child matters, especially at this time of year. I encourage residents and businesses across the borough to try to do their bit for this worthy cause.

If you are buying gifts for loved ones and friends, please add another for a child in Newham. Any support you can give the appeal would be welcomed. For more information visit the website at [www.community-links.org](http://www.community-links.org)



## Respect to the tea dances

Judging by the number of people who were dancing the afternoon away at the Old Town Hall in Stratford, the Strictly Come Dancing spirit is alive and kicking in Newham.

While it was great to see people enjoying a waltz, tango, cha cha cha and quickstep at our Remembrance tea dance, all who were there were respectful of the day and the sacrifices made by many in wars and conflicts.

Our tea dances are very popular. They remain an important part of our programme to bring the community together. We will continue to offer a range of events and activities for older people to improve their health and quality of life.

We do more than other local councils to provide opportunities for people to get together, have fun and be active. These dances are a great way to make new friends.



# with Sir Robin Wales

# Yule have a great Christmas in Stratford

You can find everything that you need for a great Christmas in Stratford this year, with a 45-foot Christmas tree on Meridian Square, Christmas lights and new lights in the trees throughout the town centre plus an unmissable Christmas market.

Stratford is holding its inaugural Christmas market on The Grove. As well as great gift ideas, there's also a packed entertainment programme.

The market runs from Thursday to Sunday in the three weeks up to Christmas from 5 to 8, 12 to 15 and 19 to 22 December.

#### Stratford's Christmas Market features:

- mulled wine and cider
- Christmas trees, wreaths and decorations
- hot chocolate and chestnuts
- traditional sweets, including gingerbread houses
- Italian biscuits, cakes and chocolate
- German food including sausages, sauces, Christmas cake and pastries
- a vegan bakery
- French pate and flavoured sausages

- sweet and savoury crepes
- South American crafts
- handmade jewellery
- handmade chocolates
- a caricaturist
- bespoke Italian handbags, purses and wallets.

Stalls vary from day to day and include local charities, catering and crafts. There's also a fantastic international food court. Santa's grotto will be open on Saturday 14 and 21 December, and you can post your wishes in Santa's post box at the grotto.

#### WIN AN XMAS HAMPER

Courtesy of the Stratford Christmas Market, the *Newham Mag* has two superb Christmas hampers up for grabs – filled with a selection of goodies from the traders.

To be in with the chance of winning a hamper answer this question: Which of these is one of Santa's reindeers?

1. Ruben
2. Rufus
3. Rudolph

Email your answer, name, address and telephone number to [newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk) or send it to Newham Mag, Newham Dockside, 1000 Dockside Road, London, E16 2QU by Monday 2 December.

#### Launch yourself into Christmas

Don't miss the launch day on Saturday 7 December with entertainment starting at 2.30pm including Christmas carols and Scottish pipers.

(Stalls at the Christmas market may be subject to change)



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## Great Gifting

Find your perfect gifts this Christmas at Gallions Reach, pick up a Gallions Gift Guide onsite or go to our online Christmas Gift Guide on our website.

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See our Gift Angels in stores for top gifting advice for free this Christmas.

## Christmas Shopping Extended Opening Hours

See our website for our extended Christmas opening hours.



[gallions-reach.co.uk](http://gallions-reach.co.uk)

**SMYTHS**

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**next**

**Superdrug**

**look**

**TESCO  
Extra**



**GALLIONS  
REACH**

## Are you interested in the provision of education and keen to support your local community?

**The Independent School Admissions Appeals Panel is recruiting for voluntary panel members to hear appeals by parents who have applied for a school place for their child and want to appeal against the decision.**

We are looking for people from a range of backgrounds and you do not need any special qualifications. You do however, need to be:

- > articulate
- > non judgemental
- > able to make rational and reasonable decisions
- > community focused and keen to participate in a voluntary non-paid role.

**For more information and how to apply**

**visit [www.newham.gov.uk/appealpanelrecruitment](http://www.newham.gov.uk/appealpanelrecruitment) or call 020 3373 2606**

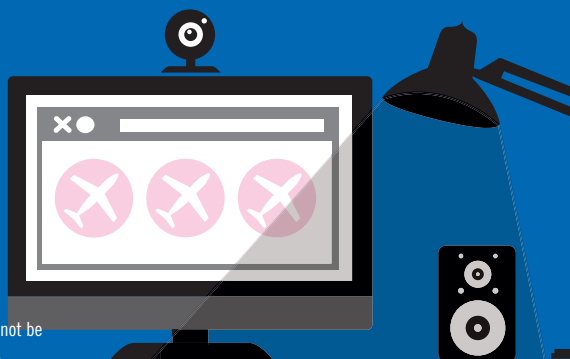
Applications must be received by Monday 2 December and interviews will also be held from this date onwards. You must be available for one day statutory training on Thursday 12 December.



## SIGN UP

For the latest London City Airport community news subscribe to our bi-monthly e-bulletin.

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# A promising year

**The Mayor's annual contract outlines priority services and initiatives developed to improve the lives of our residents – young and old. From freezing Council Tax to cleaner streets, we update you on what we've achieved so far.**

"It's been another difficult year financially for Newham but I'm proud to report that we have managed to protect the services that matter most to you.

"Our decision to freeze Council Tax will go a long way when you're striving to make ends meet. And enhancing the future life chances of our youngest residents via Newham's Every Child programme is an investment that we cannot afford to overlook.

**"I will ensure that the little we have goes a long way to make a real difference to our residents"**

"Free services such as bulky waste collections, which many other councils now charge for, have been protected, and with stringent financial planning we have ensured that Workplace, the council's employment service, continues to help residents change their lives for the better.

"Newham is making the best of the inadequate grant we receive from the Government. While we face a like-for-like cut of £309 per head, leafy Richmond loses out by a much smaller £87 per head. More affluent boroughs in London unfairly continue to receive the funds that our residents so vitally need.

"While I will continue to lobby the Government to get a fair deal for the people of Newham, I will ensure that the little we have goes a long way to make a real difference to our residents."



## **Council Tax FROZEN**

For the fifth year running, we have not increased your Council Tax.



**Newham continues to have the lowest Council Tax in outer London**



## **Supporting hard working residents through tough economic times**

Each Newham household in a Residential Parking Zone (RPZ) gets their first parking permit for free. Households in an RPZ without a car can get 30 free visitor permits.

**Parking permits can be purchased and renewed online, making it even easier for residents to get them. Visit [www.newham.gov.uk/mynewham](http://www.newham.gov.uk/mynewham) for details.**



**There are 18 RPZs in Newham**



**Since 2009, almost 83,000 free resident parking permits have been issued.**



**Since 2011, more than 300,000 free visitor parking permits have been sent to residents.**

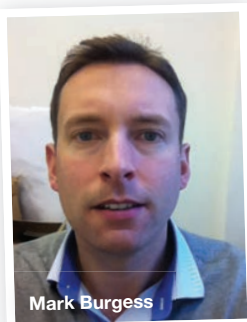
## **Free swims**

We were the first council in England to give under 16s and over 60s free swims.



Learning to swim is also important. That's why we also offer low cost swimming lessons to residents aged over 60 and 14 to 16-year-olds so that even more people will be able to swim for free.

**Sir Robin Wales,  
Mayor of Newham**



Mark Burgess

"We're delighted that Newham is committed to free swimming. This increases the number of over 60s who are able

to swim, or take up swimming as a way to keep fit and healthy. Helping children to swim regularly will no doubt contribute towards achieving a fitter and healthier generation."

Mark Burgess, Amateur Swimming Association

### Free bulky waste collection – up to six items

Since April, we have collected more than 18,600 bulky items for free when many neighbouring boroughs charge for this service.

#### To collect six bulky items

✓ **FREE**  
in Newham



✗ Greenwich from **£60**

✗ Tower Hamlets from **£30**

✗ Havering from **£21**

✗ Barking & Dagenham from **£20**



### Helping residents access jobs and training

Since 2007, Workplace, Newham Council's employment service, has helped almost 20,000 residents into work including 2,485 since this April. In addition almost 1,100 residents have accessed free training to improve their chances of getting a job.



John Burton with Sir Robin Wales at the launch of The Skills Place

#### Employers say:

"Sir Robin tasked us with delivering: 'jobs, jobs and more jobs' at Westfield Stratford City. Through our partnership with Workplace, we have been able to supply a huge pool of job-ready residents for Westfield employers to recruit from."

John Burton, development director, Westfield Stratford City

"In preparation for the opening of our casino, Workplace provided Aspers with a completely bespoke recruitment solution. They have an excellent selection and screening service so we were presented with interview candidates who had the right, skills, attitude and full understanding of the positions for which they were applying."

Richard Noble, chief operating officer, Aspers

#### Residents say:

"My experience with Workplace has been fantastic; because of them I am now training for a job I have always wanted to do but never dreamed of getting the chance. I truly am very grateful for all their help and what they have done for me."

Lynzee Osborne, trainee croupier, Aspers



### Decent homes for hard working residents

We prioritise housing for residents that contribute to our community including those in work and members of the Armed Services.



Sir Robin and former soldier Terry Crosby

"I'd been on the housing waiting list since 2005. If it hadn't been for the change in Newham's housing policy I'd probably still be waiting for a home."

"All boroughs should be doing the same. I think the Government and other councils should do more."

Former soldier Terry Crosby

**Did you know?**  
Almost half of all Choice Based Lettings homes are let to employed people.



We are the first council in the country to introduce a private rented property licensing scheme, which is tackling criminal landlords who let sub-standard properties.





**Property licensing applications received: 28,900**



**Warning letters issued to landlords: 3,500**



**Enforcement visits made: 1,636**



**Arrests made: 197**



**Prosecutions under the Housing Act: 72**



**Penalties: 64 cautions and numerous fines so far**

### Rogue landlord fined £12,000

Landlord Mrs Sozata Islam failed to license her property, which had multiple occupants, and disregarded legally required housing management regulations. After pleading guilty at Thames Magistrates' Court in July, she was fined £12,000 in total and ordered to pay full costs and a victim surcharge.

### Did you know?

Newham's property licensing scheme won the Best Frontline Services Award 2013 from the Local Government Chronicle. The award recognised that, as the first local authority to introduce borough-wide private rented property sector licensing, Newham has helped shape the national agenda.



### Every Newham child matters

#### Free school meals

Every Newham child in each of our 66 primary schools gets a free school

meal, saving each family at least £566 per child.

### Newham paves the way

The Government has announced free school meals for all five to seven-year-olds from next year. Since 2009, Newham has provided free school meals to ALL primary school children regardless of their parents' income.



"Research has shown that school meals help children do significantly better in class – with an average of two months more progress by pupils at Key Stages 1 and 2 – and they were less fussy about what they ate at home. This approach is testament to the value Newham sees in good school food to support children, families and schools."

Jo Nicholas, head of research and evaluation, Children's Food Trust



### Every Child a Musician (ECaM)

ECaM is the largest and most successful free musical programme in the country. It provides free tuition and a free instrument to all Year 5 and 6 Newham primary school pupils.

This year, the programme has been expanded and ten Newham secondary

schools are delivering tuition to Year 7 students.

### ECaM high notes



**Children get free music tuition and a free instrument**



**10,000 children take part in ECaM**



**63 primary schools are currently taking part**



**So far, more than 160 people have gained employment as music tutors as a result of ECaM**

### What the Institute of Education says:

- seven out of ten parents/carers are very positive about ECaM and its benefits for their children
- almost nine out of ten parents/carers are happy that their child is learning an instrument
- nearly eight out of ten parents/carers say playing an instrument is helping to improve their child's concentration.

"We have been impressed by the quality of instrumental teaching that we have observed - the groundwork has been laid by this innovative programme to make a real difference in these children's lives." Professor Graham Welch, chair of music education, Institute of Education

"The children really look forward to their ECaM lessons. They enjoy them and come away with a sense of achievement. The wider impact has been increased interest and better attitude towards learning, as well as a positive impact on attendance."

Paul Jackson, head teacher, Gallions Primary School, E6

## Every Child a Sports Person (ECaSP)

Every Year 7 student in each of the borough's secondary schools has the chance to try **20** different sports, from trampolining to rugby, so they can find an activity they enjoy and can excel at.



"Sport is a wonderful means of self-expression. While we know that not

every young person will become a basketball star, there is untapped potential in each one of them. With the support of this programme, we are proud to give young people the opportunity to unlock that potential."

Natasha Hart, NASSA director and partner club for ECaSP

## Newham Reading Guarantee

Using phonic lessons and one-to-one tuition, more than **1,500** children across the borough are taking part in the Newham Reading Guarantee, which is helping Newham's primary school children improve their reading and develop a love of books.

With support from schools and some outstanding volunteers, we want to ensure every child can read when they leave school.



## Tough action against crime and anti-social behaviour

In July, we opened our new CCTV control centre which allows us to monitor **158** town centre and **90** mobile cameras 24-hours-a-day.

Between April and September, CCTV operators spotted more than **1,400** incidents on CCTV that were referred to the police and enforcement partners for investigation.

**172** arrests were made as a direct result of our CCTV monitoring



**260** fixed penalty notices were issued as a result of CCTV evidence of offences, such as fly tipping.

## Tackling anti-social dog owners

Since April we have:



investigated **144** complaints against dangerous dogs



fined **54** dog owners for dog control issues



impounded **31** stray dogs



tackled more dangerous dogs than all other London boroughs put together.

We continue to encourage responsible dog ownership with a free microchipping service for dogs owned by Newham residents and dog agility sessions to ensure that your pooch is happy and healthy.



## Smarter, cleaner streets

We spend almost **£12m** every year to keep our streets clean and will take action against those that hinder our efforts with graffiti or by fly tipping or littering in our borough.

Since April, more than **2,780** fines have been handed out for these and other environmental crimes.

We have recently introduced new technology to our street cleansing vehicles which records the locations and items collected from fly tips in real time, helping us gather intelligence to target those responsible for dumping.



## Taking pride in our community

We want to provide residents with high quality parks, community spaces and leisure facilities. To achieve this, we're improving some parks and multi-use games areas, including Keir Hardie Recreation Ground, E16, and Abbey Green, E15, as well as undertaking major restoration of Plashet Park, E7.



Work on the new **£14.7m** Atherton Leisure Centre will begin soon. Opening in mid 2015, it will house teaching and community pools, a bigger health and fitness suite, exercise studio, crèche and a café. The new centre will offer the latest sports equipment and increase the facilities available to residents.



## The biggest free community events programme in the country

Our free events are an opportunity for residents to get together and have fun.

So far this year:

- > almost **50,000** people enjoyed a weekend of free family fun at the Mayor's Newham Show
- > more than **3,000** residents attended the National Lottery Anniversary Run in the Olympic Stadium, with more than **1,000** of those taking part in the run.
- > **35,000** people enjoyed four nights of free outdoor live music at Under the Stars
- > more than **17,000** people attended the Waterfront Festival in Royal Victoria Dock
- > more than **30,000** people watched our annual Guy Fawkes Night fireworks display
- > more than **32,000** people attended the resident-led programme of Spring and Summer Festivals.



This summer also saw London's biggest beach created at Royal Victoria Dock, with more than 200 tonnes of sand transforming the area into an urban seaside resort with free entertainment and activities. Over 68 days, more than **21,000** people visited the beach.

The A13 Green, the space underneath the A13 flyover in Canning Town, was transformed into an urban village green with free activities and entertainment enjoyed by more than **2,200** residents.



### Bringing our community together

#### Supporting residents to hold community events and activities

Our Let's Get the Party Started (LGtPS) programme has supported hundreds of resident-led events bringing more than **50,000** people together.

"Our event was great and brought in lots of new faces. Volunteers donated their food and their time to make it a great success – we are planning to hold another LGtPS event this Christmas."

Sonia Joseph, carnival party, Hibiscus Community Centre



### Volunteering to make a difference

We have **8,000** registered Newham Volunteers who have been trained to take part in local and national volunteering opportunities including the London Marathon and events at the former Olympic Park.

### Did you know?

In recognition of their work in helping to deliver the 2012 Games, Newham Volunteers were honoured with the Queen's Diamond Jubilee Award.



### Free club membership for over 60s

Bowls improves fitness and coordination and is extremely sociable. This year 266 people have enjoyed free membership across four Newham clubs.



## Find out more

To read the Mayor's Contract in full visit **[www.newham.gov.uk/mayor](http://www.newham.gov.uk/mayor)** where you can also find out how to meet Sir Robin at one of his surgeries.



# Silence and r

**During the First and Second World Wars millions of people lost their lives fighting to protect our country and secure the freedoms we enjoy today. Their sacrifices and the bravery of the servicemen and women who continue to protect us from harm were marked at Remembrance Sunday and Armistice Day services held across Newham.**

Hundreds of residents, representatives from the armed services, councillors and community organisations gathered to pay tribute to the fallen at four Remembrance Sunday services.

Old and young gathered at the Cenotaph in Central Park, E6; All Saints West Ham Parish Church, E15; St Mark's Memorial, E16, and St Luke's Memorial, E16, to pay their respects to those who had lost their lives in conflicts past and present.

The Royal British Legion took to the streets with a parade from High Street South, E6, to the Cenotaph in Central Park, where Mayor Sir Robin Wales laid a wreath on behalf of the people of the borough.

Chair of the council, Councillor Amarjit Singh, attended the service, led by Reverend Stennett Kirby at All Saints West Ham Parish Church, E15.

Deputy mayor, Councillor Lester Hudson, attended the service at St Mark's Memorial, E16, which was preceded by a parade by the Royal British Legion

from their branch in Constance Street to Factory Road.

Councillor Brian Collier, deputy chair of the council, attended the service led by Reverend David Wade at St Luke's Memorial, E16.

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**“Our young people are the custodians of the remembrance message”**

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On Armistice Day, more than 200 people gathered at the East Ham Cenotaph to mark the 95th anniversary of the Armistice and once again remember those who lost their lives in conflicts and wars.

Mayor, Sir Robin Wales was joined by residents, councillors and council staff, East Ham MP Stephen Timms, West Ham MP Lyn Brown, members of the Royal British Legion and children from Newham Catholic Deanery schools.

The young people from St Joachim's,

St Bonaventure's, St Francis, St Michael's, St Winefride's, St Angela's, St Edward's, St Helen's and St Antony's schools observed the two-minute's silence, read poems and laid wreaths following a service conducted by Father John Armitage. Members of the Royal British Legion also spoke to the children about the names on the war memorial and the work of the Legion.

Sir Robin said: “It is right that we gathered at the Cenotaph that bears the names of servicemen and women who gave their lives serving their country in wars and conflicts across the globe. It was good to see so many young people involved because they and future generations need to learn about the sacrifices that our armed services have made, and still make today. Our young people are the custodians of the remembrance message.”

Newham Council staff across the borough stopped work at 11am on Armistice Day to observe the nationwide silence.



(L-r) Sir Robin at the Armistice Day service; a resident lays a wreath at St Mark's Memorial; veterans at East Ham



# Remembrance



(Top row, l-r): Children from Newham's Catholic Deanery schools lay wreaths on Armistice Day; a sea cadet at East Ham on Remembrance Sunday; making personal tributes in East Ham.

(Top to bottom): Veterans remember in Canning Town; children add their Remembrance crosses to St Mark's Memorial; Sir Robin at the Remembrance Sunday parade.





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# DICK WHITTINGTON

Written by  
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ROBERT HYMAN**

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The Guardian on Jack &  
the Beanstalk (2012)

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# An educational appeal

If you care about the future of Newham's children sign up to become a member on Newham's independent admission school appeals panel.

Last year, almost 90 per cent of children in Newham were offered a place at their first preference primary school, with 98 per cent receiving a place for their child at one of their top three preferences. While most parents are pleased with the outcome of their child's primary school application, for the small minority who are not satisfied there is an independent appeals process, which is recruiting for more members.

Neil Walsh has been a panel member for three years. As a former teacher he wanted to use his knowledge and skills in a different way, so signed up. Neil said: "No two cases are the same. The role is interesting, as well as rewarding, but ultimately, being on the panel is about caring for our children's futures."

Each member receives robust training and

support from a clerk. Neil says, since joining the panel, he has developed better analytical and listening skills: "Sometimes you can have all the paperwork in front of you and then a parent might say one thing and change the whole outcome of the situation."

**"The role is interesting, as well as rewarding, but ultimately, being on the panel is about caring for our children's futures"**

Appeals are usually heard between May and July. Neil forms part of a pool of lay members so he can continue with his day job and choose which hearings he attends. He explained: "It's very flexible, although you do need time to read the

paperwork beforehand."

Neil's reasons for becoming a panel member are clear but why would he encourage other residents to sign up? "If you have an interest in our community and the education of our children, become a member and you could make a difference to the life or the education of a child."

To apply, visit [www.newham.gov.uk/appealpanelrecruitment](http://www.newham.gov.uk/appealpanelrecruitment) and download an application form, email [nafisa.vali@newham.gov.uk](mailto:nafisa.vali@newham.gov.uk) or call 020 3373 2606. Applications close at 9am on Monday 2 December. Turn to page 10 for more details.

This is a voluntary role. You do not get paid but you can receive a small fee to cover travel expenses and subsistence for each hearing session you attend.





# Newham in pictures





**1** Dance, dance, dance – the Remembrance Tea Dance at the Old Town Hall, Stratford. **2** Newham's young people observe the Armistice Day two minute silence at the Cenotaph in Central Park, East Ham. **3** The 11th Newham West Scout Group and Cubs had young people creating Newham's biggest leaf pile in West Ham Park. **4** The shopping begins as 8,000 turn out to see Westfield's Christmas lights. **5** Topping off the Mayor of Newham's contribution to the Community Links Christmas toy appeal.





If you are experiencing domestic or sexual violence, confidential advice and support is available at the

**Newham One Stop Shop**

**24hr Support Line**

**0845 451 2547**



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what would you say?**

For a career that's financially and emotionally rewarding call us free on

**0800 013 0393**

**[newhamfostering.co.uk](http://newhamfostering.co.uk)**



# New chapter for East Ham Library

**A brand new state-of-the-art Customer Service Centre and library in East Ham is set to open in the new year, bringing with it a more efficient and convenient way for residents to liaise with the council.**

Due to open in February, the three-floor Customer Service Centre and library, on Barking Road, will provide a range of council services under one roof.

With an improved layout and comfortable waiting areas, residents will benefit from first-class customer services. There's easier access for all visitors and self-service-kiosks that enable residents to bypass waiting times to make a council payment, report issues or apply for services.

## **The Customer Service Centre and library will offer:**

- **Council Tax and benefits advice by appointment**
- **Information Advice Guidance (debt and money management)**
- **Self Service Kiosks**
- **local Community Hub information**
- **housing advice**

- **phone booths for internal calls**
- **traditional library services (including free computer use and internet access)**
- **advice on other complex face to face enquiries.**

The environmentally friendly building is expected to receive a top environmental rating under BREEAM – a globally recognised measure of a building's environmental performance.

Councillor Andrew Baikie, executive member for housing and customer services, said: "The new Customer Service Centre and library forms part of the council's programme to deliver more efficient, convenient and cost effective services for residents by operating from fewer buildings.

"The move will bring a wider range of council services under one roof, creating a one-stop shop of council services in modern, surroundings."

## **East Ham library closure**

Preparations for the move to the new library begin at the end of December. The current library on High Street South, E6, will close on **Tuesday 24 December at 5.30pm** to enable the enormous task of sorting and transporting thousands of books and other resources to the new location. The new Customer Service Centre and Library will open on Barking Road in February 2014. If you ordinarily use East Ham Library please use The Globe library, Beckton Globe, E6, or Manor Park Library Romford Road, E12.

You can access a full range of services at any of Newham's other libraries. Visit [www.newham.gov.uk/libraries](http://www.newham.gov.uk/libraries) for more information.





# Dame for a laugh

Panto season has begun and this year at Theatre Royal Stratford East (TRSE) you can see Dick Whittington – a rags to riches adventure about a poor boy and his cat finding their fortunes in the East End.





Actor and Newham resident Delroy Atkinson plays this year's dame, Cook. Star of stage and screen, Delroy has been in *The Harder They Come*, *Jerry Springer the Opera*, and *Shrek the Musical*. He was in the film *Still Crazy* and you may have seen him on TV in *My Family* or *The Bill*.

Each year, TRSE take a traditional fairy tale and give it a cool, modern day twist – and Dick Whittington is no exception. Delroy said: "It's the story of a poor, young man named Dick, who's heard that Newham's streets are paved with gold, but when he gets here they aren't. Then he meets a family called the Fitzwarrens and falls in love with their daughter. Meanwhile, London has a terrible mayor that nobody likes, who is also King Rat. There's lots of other stuff, but I'm not saying more than that."

TRSE's unique take on the classic story is something you won't have seen before, tailored to appeal to young and old. Delroy's in no doubt about what makes a Stratford panto special: "It's the style we do it in. We know that East End audiences love a decent song, they love a good laugh and they love communication with the audience. And that's not necessarily the: 'Oh yes it is...'. "

"I love it when Stratford audiences shout back at you, because it's not just: 'boo' or 'he's behind you'. I remember performing in Pinocchio. He had just had his money stolen and asked: 'What happened?'. This little five-year-old kid in the front row got on his seat and shouted: 'You got robbed bruv.' And that's what it's about. It's not just panto that East End audiences do that in, it's anything. If they feel moved they'll let you know, and I love that."

Although Delroy is a panto veteran this is the first time he has swapped sexes and played the dame. He said: "It feels odd. (laughs) It feels *really* odd. A lot of people think that you just get up there and put a dress on and act camp, but there's far more to it. You've got songs, dance routines

and all the lines to learn, but the thing with the dame is knowing the character. You have to be able to play the part, have a joke with the adults, and be prepared for any shouts or heckles. You might take a moment to have a conversation with someone in the audience and then go back to the script without blinking. It's really tough, but we're going to have some fun and a laugh."

**Dick Whittington runs from Saturday 23 November to Saturday 11 January. Tickets costing from £5.50 to £23.50 are available from the box office, call 020 8534 0310 or visit [www.stratfordeast.com](http://www.stratfordeast.com)**

### WIN TICKETS TO THE PANTO

We're giving away two family tickets (two adults and two concessions) to Dick Whittington, for Wednesday 4 December, Thursday 9 or Friday 10 January. To be in with the chance of winning answer this question:

**Who was Dick Whittington?**

- a. Mayor of Newham
- b. Mayor of London
- c. Mayor of New York

Email your answer, name, address and telephone number to **newham.mag@newham.gov.uk** or send it to **Newham Dockside, 1000 Dockside Road, London, E16 2QU by Thursday 28 November.**

### NEWHAM DISCOUNT TICKETS

If you are a Newham resident, first time bookers at TRSE can get tickets for £2.50 each, on Thursday 28 November, courtesy of East Village. Proof of address is required. Call 020 8534 0310. Tickets are not available online.

# Let's Get the Party Started

Holding a community event is the perfect way to bring people together and the council could support you with up to £250 funding – in exceptional cases it may be more – through our Let's Get the Party Started grants.

You can organise any type of celebration anywhere in the borough.

To find out more call **020 3373 6019**  
or visit: **[www.newham.gov.uk/party](http://www.newham.gov.uk/party)**



# Free cycle training

## Learn to cycle with skill and confidence

If you want to learn to ride a bike or just improve your skills to feel more confident on the road, then there is a cycle training package to suit you.

Training caters for all, from complete beginners to experienced cyclists

If you do not currently own a bicycle you can normally borrow one from the provider of the training (subject to availability)

If you are interested in receiving free training please email **[cycle.training@newham.gov.uk](mailto:cycle.training@newham.gov.uk)** or call **020 3031 6730**





Did you know that litter might have more of an impact on you than making you miserable from having to look at it? Research conducted by the University of Glasgow and published in the British Medical Journal has shown that less attractive areas with graffiti, litter and dog mess make people fat.

Obesity is a huge health issue and litter has been shown to contribute to it. So help keep yourself trim and attractive by carrying your rubbish home with you or walking those extra few yards to the nearest bin.

The pictures on this page show people who are responsible for dropping litter and other forms of anti-social behaviour. If you recognise anyone please call 020 3373 4479 and quote the reference number beside the picture.

### Ensuring your anonymity

Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities:

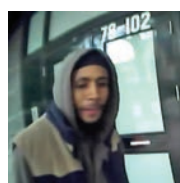
- you will not be required to provide your name
- you will not be required to leave your contact details
- you will not have to make a statement.

Don't put up with rubbish. Don't drop it and if you see it report it.

To get it cleared up report it online at [www.newham.gov.uk/MyNewham](http://www.newham.gov.uk/MyNewham)



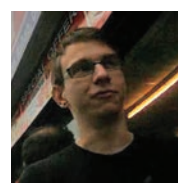
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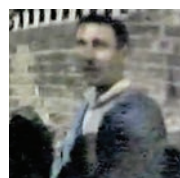
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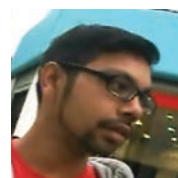
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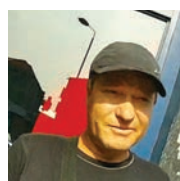
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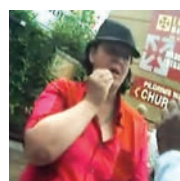
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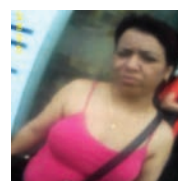
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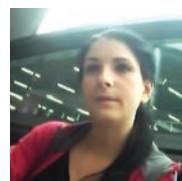
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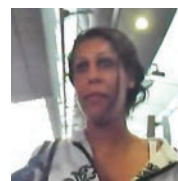
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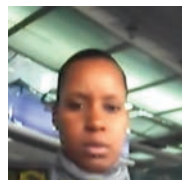
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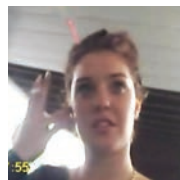
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**Please call 020 3373 4479 and quote the reference number by the picture.**

# CAUGHT ON CAMERA



# KEY TO THE DO

## Newham Council tenants who illegally sublet their property have two months to hand back their keys or risk imprisonment.

Under new legislation, tenancy fraud or illegal sub-letting is now a crime. It can lead to a prison sentence of up to two years, a £5,000 fine as well as an order to pay back any profits made.

Tenancy fraud occurs when a tenant has a tenancy with the council or social landlord, but lives somewhere else and sub-lets or allows someone else to live in the property. It can also occur if a tenant provides false information when applying for housing.

### The key amnesty

We know that some people may have sub-let before it became a criminal offence. Because of this, Newham Council has launched a two month key amnesty to allow tenants, who may be committing tenancy fraud to give back their keys rather than face prosecution.

If you are illegally sub-letting your council property but return your keys before **Friday 3 January 2014** no criminal action will be taken.

If keys are not returned by this date and our investigations, reveal evidence that a property is being sublet, we will take action to repossess it and pursue prosecutions to the full extent of the law.

### The costs of tenancy fraud

Tenancy fraud is not just a local problem. It is estimated to cost the country more than £1bn a year. As

many as 100,000 social homes in England are estimated to be occupied illegally.

Before the new legislation, Newham's successful fraud investigations recovered 93 properties between April 2012 and March 2013. Since April this year, an additional 60 properties have been recovered.

**“It is not fair that people who deserve a home should have to wait because people choose to sub-let illegally.”**

Between April 2012 and March 2013 our housing fraud investigations saved us £6.9m, and since April this year we have saved another £4.5m.

### How we will stop tenancy fraud

Every time we issue a new lease to one of our properties a photo of the leaseholder is taken as part of the agreement. This forms a robust database which now has more than 10,000 photos of our tenants, which we will use to check the identity of people accessing our blocks and occupying our properties.

We will regularly run key fob audits. This will involve the deactivation of all fobs for a block. The fobs will only be able to be re-activated by the legal resident of the property and identities will

be checked against our database.

Sub-tenants should not be afraid of contacting us if they are uncertain whether they are living in a home legally or illegally. Sub-tenants are not liable to criminal prosecution and, if you contact us, we will give you reasonable time to find somewhere else to live, before taking legal action to recover the property.

Councillor Andrew Baikie, executive member for housing and customer service, said: “It is essential that we tackle tenancy fraud. It is not fair that people who deserve a home should have to wait because people sub-let illegally. Thousands of people, including vulnerable people, are on the waiting list for council homes. It is important that our housing is allocated fairly.”

### How to give your keys back

For advice on **how to end your tenancy** and return the keys, or if you are aware or suspect that a council property may not be occupied by the legal tenant and wish to report this, call the tenancy audit team in confidence on **020 3373 3261** or **020 3373 3258**. You can also call them if you suspect that you are renting a property from a council tenant illegally and want to check.



OR





## WIN a historical novel

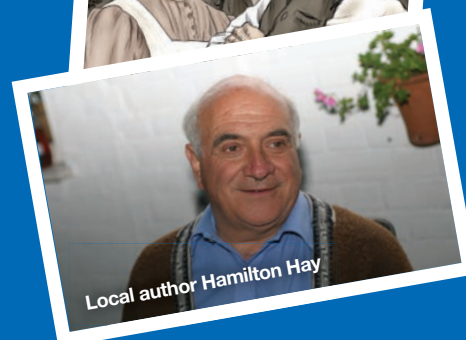
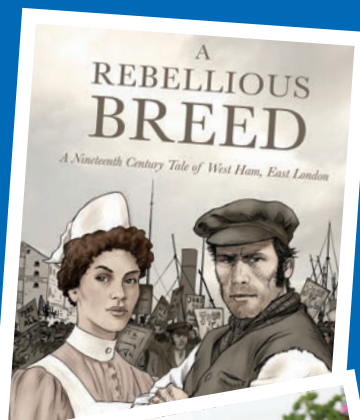
Local author Hamilton Hay has just published *A Rebellious Breed*, set in West Ham in the 1880s against a backdrop of social struggle including the match girl and dock strikes.

To be in with the chance of winning one of three signed copies answer this question: **Which of these is not a dock in Newham?**

- a. Royal Victoria
- b. Royal Albert
- c. Queens

Email your answer, name, address and telephone number to [newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk) or send it to Newham Dockside, 1000 Dockside Road, London, E16 2QU by Monday 2 December.

Don't miss the launch of the book taking place at Newham Bookshop, 747 Barking Road, E13, on Wednesday 4 December, from 6-8pm with a signing by the author.



Local author Hamilton Hay

## Christmas comes to the Olympic Park

Head to Stratford's Queen Elizabeth Olympic Park and pick up some seasonal delights at the Vintage Christmas Market and Real Ale Festival.

As well as seasonal gifts, craft workshops and vintage wares, there'll also be a beer festival with beer, ale, spiced cider and mulled wine, plus festive snacks.

A Victorian funfair will provide thrills with a helter skelter, chair-rides, and a roller disco. With live music, Christmas choirs and a DJ, there's something for everyone.

The Vintage Christmas Market is located by the Timber Lodge in the north of Queen Elizabeth Olympic Park and open on Friday 6 December from 4-9pm and Saturday 7 December 12noon-10pm and Sunday 8 December from 12noon-7pm.

Visit [www.QEOP.co.uk/events](http://www.QEOP.co.uk/events) for more details.



London Gay Men's Chorus, perform on Sunday 8 December at 6.15pm



# A bright idea in E16

Explore Canning Town after dark at Light Night, a free festival of light, community and energy beneath and around the A13 flyover on Saturday 30 November.

From 6pm, the area will be brought to life with light installations, neon illuminations and interactive projections organised by community arts organisation The Brick Box and supported by Newham Council.

Local and international artists will host performances and workshops alongside live music, hot and cold food, dancing and games.

The Caravanserai in Silvertown Way will showcase work exploring the theme of regeneration while Bow Ecology Park will feature Milk Pixel, a hybrid display of lights and junk.

At 8pm, enjoy a night walk and talk around Canning Town showcasing what the area has to offer. To book your place and find out more about the festival visit [www.lightnightcanningtown.weebly.com](http://www.lightnightcanningtown.weebly.com)



## Enjoy a Red Door Christmas

Red Door Studios in East Ham ho-ho-hope you'll come and enjoy their Christmas Craftival Market.

Taking place from 6 to 8 December, visit the studio on Masterman Road, E6, and check out a range of gift ideas ranging from homemade crafts to imaginative upcycled creations.

The Craftival begins with the Night Market on Friday 6 December from 7-10pm with a live jazz band, treats and hot drinks for a £2 entry fee. The market continues on 7 December, from 11-5pm and 8 December, 11-4pm with £1 entry on both days, which enters you into a raffle draw.



## Newham Bookshop Discount Evening



Make Christmas less costly by buying gifts from Newham Bookshop on Wednesday 4 December.

From 6-8pm, visit Newham's only independent bookshop, at 745 Barking Road, E13, and get 25 per cent off almost all stock (excludes academic books). As well as bargain buys, there will also be festive food and drink, a raffle and special guest appearances.

Visit [www.newhambooks.co.uk](http://www.newhambooks.co.uk) for more details and author events.





# Kids' Corner



PLEASE SEND YOUR DRAWINGS,  
JOKES AND POEMS TO:  
**KIDS' CORNER, WEST WING**  
**4TH FLOOR, NEWHAM DOCKSIDE**  
**1000 DOCKSIDE ROAD, LONDON E16 2QU**  
OR EMAIL THEM TO  
**[newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)**

Don't forget to write your name, age, address and daytime  
contact telephone number on the back of your entry

## GALLERY



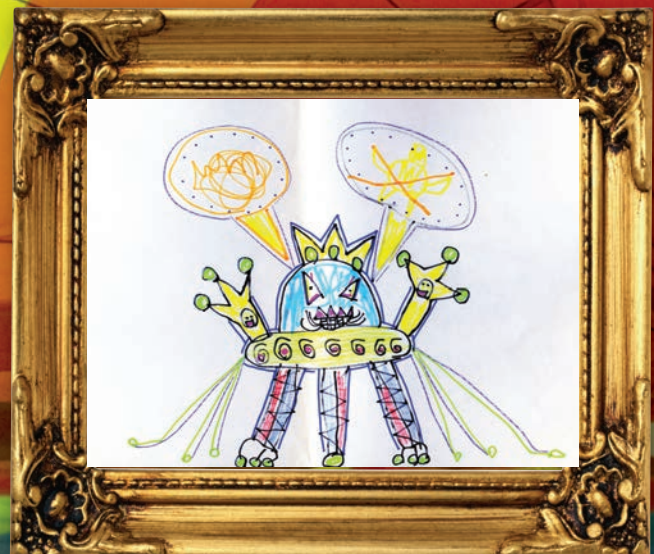
*Abdoul Azis Mohamed, 10*



*Gisella Elamradi, 8*



*Mohammed Safiy Iqbal, 11*



*Stefans*



## Win free membership at Stratford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit [www.picturehouses.co.uk](http://www.picturehouses.co.uk) to see what's on.



Stratford Picturehouse, Theatre Square, E15

## Jokes

Why did the elephant cross the road?  
*The chicken was on holiday.*

What do cows do for entertainment?  
*They go to the moooovies.*

By Ibrahim Awes, 9

## Christmas is a comin'...

This is a special call out to the children of Newham, we want your Christmas pictures and poems for our December editions. Think reindeers, snow, Santa, elves and maybe a little robin on a yule log. So get drawing and send them in.



Rennée Addo, 11

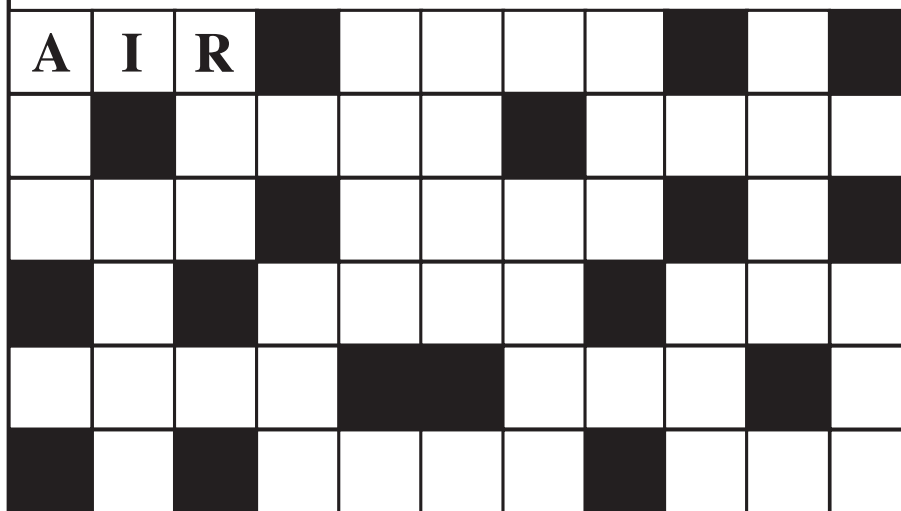
## Colour-me-in Wordfit

### 3 letters

ARC  
COD  
DEN  
EEK  
EEL  
NHS  
RED  
SAD  
SKY  
YEN

### 4 letters

CAFE  
ECHO  
EPEE  
HOOT  
IRKS  
KEEN  
LION  
OVAL  
PORE  
SHIP  
SPIN  
YOGA





# WHAT'S ON?

22 NOV  
– 6 DEC

FIVE PAGES OF ACTIVITIES **MOSTLY FREE, ALL FUN**

## OUR THRILLING THREE...

**1** **Abbey Gardens Frost Fair** – Seasonal soups, chutneys, choir singing and Christmas fayre. Saturday 7 December, Abbey Row, E15. Free. Visit [www.abbeygardens.org](http://www.abbeygardens.org)

**2** **Together 2013** – until 19 December. Free events and workshops to mark Disability History Month. Visit [www.together2012.org.uk](http://www.together2012.org.uk) for full listings

**3** **Live acoustic session with Miri** – Thursday 28 November, Coffee7 hosts local indie pop songstress. 10 Sebert Road, E7. Doors open at 7.30pm. Free entry.

## MENTION THE MAG...

Get 20 per cent off at Queen Elizabeth Olympic Park's roller disco when you show this copy of the *Newham Mag*.

Part of the Park's vintage Christmas markets (see page 30), the roller disco takes place inside a Victorian dodgem track.

As well as great entertainment, there will be lots of Christmas gifts, vintage wares and seasonal snacks, including local beers and ales.

The roller disco and vintage markets will be open on Friday 6, 4-9pm, Saturday 7, 12-10pm, and Sunday 8 December, 12-7pm. Admission is free; full price roller disco tickets cost £5. Visit [www.qeop.co.uk/events](http://www.qeop.co.uk/events) for more information.



## TRY SOMETHING NEW... INCLUSIVE SPORTS DAY

Come and mark Disability History Month at a free inclusive sports day for adults.

On Thursday 28 November at Newham Leisure Centre, Prince Regent Lane, E13, from 10.30am-2.30pm, you can try out a wide range of disability sports including boccia, sitting volleyball, swimming and trampolining.

The free event is open to anyone who is aged over 18. Registration is recommended but not essential. Register at [www.motivateeast.co.uk/openday](http://www.motivateeast.co.uk/openday) or drop in on the day.



### Indicates free sessions

#### ARTS AND ENTERTAINMENT

##### **Comedy Night**

Mon, 8pm, Theatre Royal, Gerry Raffles Sq, E15. Visit [www.stratfordeast.com/comedy-night](http://www.stratfordeast.com/comedy-night)

#### COMMUNITY LEARNING

##### **Knit & Natter**

Adult group  
Fri, 10am-12noon, Canning Town  
Wed 10am-12noon, Beckton

#### UNDER-FIVES LIBRARY ACTIVITIES

**Interactive Storytelling**   
Fri, 10-11.30am, East Ham

**Toy Library**   
Tues, 10am-12noon, East Ham

##### **Storytelling**

Mon 10.30-11.15am, Custom House  
Mon 11am-12noon, Beckton Globe, Stratford  
Tues 10.30-11.30am, Custom House  
Tues 11am-12noon, The Gate, Stratford  
Thurs 2-3pm, North Woolwich, Plaistow  
Fri 11am-12noon, Green St, Manor Park, Stratford

##### **Homework Club**

Mon, 4-6pm, Stratford, East Ham, North Woolwich  
Wed, 3.30-5.30pm, Green St, Manor Park  
Thurs, 4-6pm, Custom House, Forest Gate, Plaistow  
Fri, 3.30-5.30pm, Beckton, Canning Town

#### OTHER LIBRARY ACTIVITIES

**Adult reading group**   
Thurs 5 Dec, 6.45pm, Plaistow.



This month **The Dotter of Her Father's Eyes** by Mary M Talbot.

### Over-50s Club

Thurs, 10am-12noon,  
Beckton Globe

### Chess Club

Thurs, 5.30-7.30pm, Stratford

### Employability Skills

ESOL class with a focus  
on creating a CV and  
communication skills for work.  
Mon, 12.30-2.30pm, The Gate

### Skills Rethink Family Arts Club (3-12yrs)

Sat, 12noon-2pm, The Gate

### ESOL Class

Tues, 9.30-11.30am, The Gate  
English classes, women only

### Writing Group

Last Thurs each month,  
5.45-7.30pm, The Gate

## EXTRA ACTIVITIES

### Hub Art Classes

8-11yrs: Tues 4.30-6pm  
7-12 yrs, Thurs 4-6pm  
Adults, Thurs 2-4pm  
The Hub, Call 020 7473 5249

### Royal Docks Learning & Activity Centre

**Mon**, Employment Support  
sessions, by appointment only  
**Tues**, Healthy Cooking Group,  
10am-12noon, £1  
Parent and Toddler group,  
free, 10am-12noon  
Over-50s computer classes,  
11am-1pm, £1  
**Weds**, Coffee Morning,  
9.30-11am  
Keep fit class, 10-11am, £1  
Learn to Earn – Employment  
Support Drop-in, 1-2pm

Sewing Classes, 10am-12noon, £1  
English support for Work,  
12noon-1pm  
Shop and drop (60+)  
10.15am

**Thurs**, Tai Chi, £2, first  
session free, 10.30am-12noon  
Learn to Earn, 11.30am-1pm  
Royal Docks Learning &  
Activity Centre, Albert Rd, E16.  
Call 020 7476 9922

### Table Top Sale

Sell your goods. £5 a table.  
Last Sat of every month, 9am-  
2pm, Jack Cornwell Community  
Centre. Call 020 8553 3459

### Turn up and trade

Free pitches for traders. Every  
Sat, 9am-4pm, Rathbone  
Market, Barking Rd, E16. Email  
galina.doneva@newham.gov.uk  
or call 07790 945 985

### Drama Classes (8-11yrs)

£3 if you book five classes.  
Every Tuesday, 4.30-6pm. The  
Hub. Call 020 7474 6376

### Drama Workshops (3-5 yrs)

Weds, 10-11am, £3.  
Grassroots, Memorial Park,  
E15. Call 020 7474 6376

### Music Therapy

Term-time sessions to help  
develop interaction with children.  
Thurs, 3-4pm, Shrewsbury  
Children's Centre, Manor Park.  
Call 20 3373 6050  
Fri, 2.15-3.15pm or 3.45-  
4.45pm, Susan Lawrence  
Children's Centre, Manor Park.  
Call 020 3373 7227  
www.newham-music.otg.uk

## BOXING AND SELF DEFENCE

### Boxing

Mon, Wed, Fri, 5-6pm  
West Ham Boys ABC 9+yrs,  
The Black Lion, 59-61 High  
St, E13. Call 020 8472 3614  
Mon, Wed, 6-8pm  
Peacock ABC, 8+yrs,  
Caxton St North, E16  
Call 020 7511 3799  
Mon, Wed, Fri, 6-7.45pm

Newham Boys ABC  
6+yrs, Old Bath House,  
141 Church St, E15.  
Call 020 8519 5983  
Fight For Peace 11+  
Woodman St, North Woolwich,  
E16. Call 020 7474 0054

### Omnibus Kids Gloves

Adults and kids.  
Tues, 6-10pm  
Thurs, 8pm-12am  
Sat and Sun, 11am-4pm  
Trad TKO Boxing Gym, Gillian  
House, Stephenson St, E16  
Call 020 7474 3199

### Punch Out (16+yrs)

Tues, 5-6pm, Katherine Rd  
Community Centre, 254  
Katherine Rd, E7. Email  
getactive@newham.gov.uk

### Shoujin Karate

Fri, 6-7pm and 7-8.30pm.  
Sun, 10-11am. Under-15s £4,  
18+yrs £6, concs £5  
Wed (during term time only)  
4.30-5.30pm  
Newham Shoujin Karate Club,  
Newham Leisure Centre.  
Call 07508 070 638

### Docklands Karate Club

First session free. Mon, 6.20-  
8.20pm, under-15s £4, 16+  
£6, concs £5. UEL Sports  
Dock. Call 07766 685 869

### Tang Soo Do (5+ yrs)

Sat, 1-2.30pm, 7.30-8.30pm  
The Hub, E16. £5 – family  
discount available.  
Call 07725 948 426 or email  
ace\_rosillo@hotmail.com

### Hop, Skip and Punch (18+yrs)

Tues, 4-5pm, Katherine Rd  
Community Centre,  
254 Katherine Rd, E7  
Call 020 8548 9825

### Gurumu Taekwondo

Mon and Wed, children  
6-7.30pm, juniors and adults  
7.30-9.30pm. Monega Primary  
School, Halley Rd, E12.  
Call 07931 709 140

### JFI Karate (5+ yrs)

For children and teens  
Mon, 5-6.30pm, Wed,



Kickboxing

5-6.30pm, The Hartley Centre.  
Call 07818 000 643.

### Kickboxing

Mon, Wed and Fri,  
6.30-8.30pm. Trad TKO  
Boxing Gym, Stephenson St,  
E16. Call 07944 873 927 or  
email eastlondonkickboxing  
@gmail.com

## HEALTH AND FITNESS

### Bootcamps

Boxercise Bootcamp  
parent and child (7-12yrs).  
Tues, 6-7pm, child is free

### Indoor/outdoor

Britannia Village Hall,  
65 Evelyn Rd, E16  
90 Day Boot Camp Challenge  
**Outdoor**  
Mon and Thurs, 7.15-8am,  
Tues and Thurs, 7pm, Central  
Park, High St South, E6.  
Teens Boot Camp (13+yrs),  
Weds, 5.30-6.30pm  
Thames Barrier Park,  
Barrier Point, E16. Email  
info@5starphysique.co.uk  
or call 07904 625 402

### Bootcamp (men only)

Thursdays, 7.30-9pm, £5  
Langdon School Sports  
Centre, Sussex Rd, E6  
Call 07818 000 643

### Zumba classes

Thurs, 7.30-8.30pm, London  
Tamil Sangam, 369 High St  
North, E12, £5. Wed, 7-8pm,  
Hathaway Community Centre,  
Hathaway Cres, E12.  
Call 07720 805 505

### Yoga

Tues, 6.10-7.10pm,  
Fri, 10.30-11.30am,  
£5.50 (£3.50 concs) The Hub



Chess club



Ballroom Dancing

Weds, 6.45-7.45pm  
The Unitarian Church,  
West Ham Ln, E15.  
Call 07956 808 007 or visit  
[www.yocoma.co.uk](http://www.yocoma.co.uk)

### Gate 7 Yoga

Mon, 7pm, £5, Women only  
yoga, Maryland Studioz, 86  
Leytonstone Rd, E15  
Tues, 7pm, beginners yoga,  
£5. 8pm, Ashtanga yoga, £5.  
Forest Gate Methodist Church,  
Woodgrange Rd, E7  
Thurs, 10am, £1.50. Ladies only  
keep fit and yoga, Rokeby Hub,  
Rokeby St, E15.  
Thurs, 6.30pm, £5, Play, Sow  
and Grow, 6 Gay Rd, E15.  
Call 07950 944 095 or email  
[gate7yoga@gmail.com](mailto:gate7yoga@gmail.com)

### Twisted Pink

Street Dance (7-14yrs), Thurs,  
5.30-6.30pm. Singing, Thurs,  
6.45-7.45pm. Street Dance (15+  
yrs), Fri, 6-7pm. All sessions £3.  
Wesley House, Herbert Rd, E12.  
Call 07534 513 307, visit  
[www.twistedpink.org.uk](http://www.twistedpink.org.uk) or email  
[twistedpink26@aol.com](mailto:twistedpink26@aol.com)

### Zumba

Mon and Thurs, 6.30-7.30pm,  
£5. Plaistow Community  
Centre, 63 Queens Rd West,  
E13. Call 07916 327 541

### Zumba fitness with Jess

Weds, 7.15-8pm, £3.50  
Vicarage Lane Community  
Centre, Govier Cl, E15.  
Call 07759 020 955

### Zumba Circuits

Sat, 9.30-10.30am, £4,  
Community Resource Centre,  
200 Chargeable Ln, E13. Call  
07939 179 587.

### Unity Zumba

Mon and Thurs, 8-9pm, Hartley  
Centre, 267 Barking Rd, E6.

Tues, 8-9pm, and Thurs,  
8.15-9.15pm, St Mark's  
Community Centre,  
218 Tollgate Rd, E6.  
Sun, 6.30-7.30pm, Well  
Community Centre, 49  
Vicarage Ln, E6. £5 per person.  
Call 07886 884 573  
or email [unityzumba@ufdance.co.uk](mailto:unityzumba@ufdance.co.uk)

### TENNIS



Indoor Tennis, Thurs, £3.  
10-16yrs – 5.30pm, 16+yrs –  
6.30pm. The Hub, Newham  
Leisure Centre. Call  
020 3373 9000.

### 50+ ACTIVITIES



### Newham LGBT Dinner Club

First Thurs of every month, ★  
6-9pm. Free, but you pay for  
your own dinner. Theatre Royal  
Stratford East Bar, E15.  
Call 020 7239 0447

### Newham Striders



Daily walking group  
Call 0844 414 2728

### Ballroom Dancing

Mon, 10am-12noon, St Paul's  
Church Centre, Burges Rd, E6.  
£2.50 per session.  
Call 07761 209 463

### Gemini Square Dance Club

Mon, 8-10.30pm, Chandos  
Community Centre, Colegrave  
Rd, E15. £4 including tea and  
biscuits. Call 020 8529 1602 or  
email [mbro22@hotmail.com](mailto:mbro22@hotmail.com)

### Nordic Walking

Wed, 9.30am. Meet at Lord  
Lister Health Centre, Forest Gate,  
not suitable for wheelchairs, £2.  
Call 07783 660 429.  
Fri, 6.30-8pm. Meet at ★  
Newham Leisure Centre  
Sun, 10-11.30am, Meet at East  
Ham Leisure Centre. ★

### GREEN



### Garden Club



Tues, 1-3pm, Thurs, 4-7pm,  
Sat, 10am-4pm, Abbey Gdns,  
Bakers Row, E15

### Gardening Thymes



### Gardening Club

Fri, 11am-1pm, Bowling  
Green, Central Park, High St  
South, E6

### Friends of West Ham Park

Sat 2 Nov, 12.30pm, help build  
Newham's biggest leaf pile and  
nature walk. 2pm, Build a dragon.  
West Ham Park, Upton Ln, E7.

### DOORSTEP CLUBS



### Gym & Basketball (14+yrs)

Tues, 6-10pm, £2, Rokeby  
School, Barking Rd, E16

### Stunt & Tumble (14+yrs)

Thurs, 7.30-9pm, £5,  
Talent Cheer & Dance, Gallions  
Reach, Armada Way, E6.  
Call 07866 612610

### FEMALE SPORTS



Call 0844 414 2728 unless  
otherwise stated.

### Dare2Dance (12-16yrs)



Street dance, Fri, 3.30-5.30pm,  
Newham Leisure Centre.

### Girls Spinning Sessions (11-15 yrs)



Tues and Thurs, 5-5.30pm,  
Newham Leisure Centre

### Female Only Gym Sessions

Tues and Thurs, 3.30-5pm.  
11-15yrs. Mon, 3-4pm, 16-25yrs.  
Newham Leisure Centre.

### Female Boxfit Classes (14+yrs)



Mon, 4.15-5.15pm, Balaam  
Leisure Centre. Call 07970 783 526

### Girls Football (11-16yrs)



Tues, 3.30-5.30pm,  
Newham Leisure Centre

### Sheila's Yummy Mummy Buggy (16+yrs)

£5, Mon, 10-11.30am,  
Central Park, High St South, E6  
(meet outside cafe in the park)  
Fri, 10-11.30am, Plashet Park,  
Plashet Grv, E6.  
Call 07908 614 958 or email  
[spoleon@aol.com](mailto:spoleon@aol.com)

### Janice's Fitness (16+yrs)

Tues and Thurs 9.30-10.30am

Soca and Zumba, £5.  
St George and St Ethelbert  
Church Hall, Burford Rd, E6  
Email [info@jifikarate.co.uk](mailto:info@jifikarate.co.uk) or  
call 07818 000 643

### Zumba, Soca and Salsa Fusion

Mon, 6.45-7.45pm, £5  
The Hartley Centre  
Call 07818 000 643

### Sonia's Circuits (16+yrs)

Tues and Fri, 10-11am, £4,  
Ridley Christian Centre,  
94 Upton Ln, E7  
Call 07763 230 106

### Body Blast (16+yrs)

Tues, 6.30-7.15pm, £5,  
Weds, 12.30-1.15pm, £5,  
Thurs, 12.30-1.15pm, £5,  
Fri (miniblast), 6.30pm-7pm,  
£2.50. Fitness membership  
£30 (entitles you to come to all  
classes for whole month). Talent  
Central, Unit 27a, 3 Armada  
Way, Gallions Reach Shopping  
Park, E6. Call 07866 612 610

### Abs Blast (11-15yrs)

Thurs, 5.30-6pm,  
£3.10, Newham Leisure Centre

### Women United AFC (11+yrs)

Mon (term time only), 6-7.15pm,  
£1, Kingsford School, E6.  
Call 07792 932 979

### Just Play (16+yrs)



Wed, 6.30-8pm, multi-sport  
session (term-time only).  
NewVlc. Call 0844 414 2728

### Just Play (14-18yrs)



Wed, 6.30-8pm, multi-sports  
(term-time only). NewVlc.  
Call 0844 414 2728

### Get Back into Netball

Tues, 6-7.30pm, juniors,  
7.30-9pm, seniors, £2. Lister  
Community School, St Mary's



Yummy Mummy Buggy



Rd, E13. Call 07717 281 529

### Women's Badminton

Fri, 1-2.30pm, East Ham Leisure Centre, £2, equipment provided. Call 07930 162 505

### Keep Fit – Stay Fit

Sat, 10-11am, £3.50. Jack Cornwell Community Centre. Call 07795 064 116

### Bodyshape Fitness

Zumba for women, Thurs 7-8pm, £4, Durning Hall Community Centre, Earlam Grv, E7. Call 07939 179 587

## SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

### Family Swims for Disabled Children and Adults

Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre. Call 07931 788 739

Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, £5. Call 020 7476 5274

### Swim for Families dealing with Autism

Wed, 4-5pm, Balaam Leisure Centre. Call 020 7476 5274

### Get Fit for Free

Tues, 1.30-3.30pm and Fri, 10am-12noon. Free gym use for people with learning disabilities. Newham Leisure Centre. To book an induction call 020 7511 4477

### Disabled Athletics (8-18yrs)

Tues, 4.15-6.15pm, Brampton Manor, Roman Rd, E6  
Thurs, 4.30-5.55pm, St Angela's Ursuline School, 1 St George's Rd, E7  
Email cnourrice@englandathletics.org

### Ability Club (11-25yrs)

Multisports for disabled young people. Weds, 5.30-6.30pm and Fri, 4.45-6pm, NewVlc

### Trampolining Sessions (U19s)

Tues, 4.30-5.30pm, U19yrs, Newham Leisure Centre. Call 020 7511 4477

### Mixed Swimming Sessions for Adults and Children

Wed, 10am-12noon, East Ham Leisure Centre. Call 020 8548 5850

### Sensory Play

For children under 5 with special needs, speech and language delay or physical disabilities. Term time only. Fri, 10-11.30am, Oliver Thomas Children's Centre, Mathews Ave, E6. Email kathy.holdsworth@oliverthomas.newham.sch.uk  
Call 020 8821 0997

## RUNNING

### East End Road Runners

Tues and Thurs, 7pm  
Sun, 9am, meet on the track, coached sessions for all abilities. Newham Leisure Centre. Call 07979 261 647

### Run England

All sessions are £2 unless stated.  
Sun, 10am-12noon, Newham Leisure Centre, (meet on track)  
Mon, 4-5.30pm, Newham Leisure Centre (meet on track)  
5.45-6.45pm, Newham Dockside, E16 (meet at reception)  
Tues, 6-7pm, Newham Leisure Centre (meet on track)  
Weds, 12noon-1pm, Newham Dockside, E16 (meet at reception)  
Thurs, free, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception)  
Sat, 10-11.30am, East Ham Central Park, E6 (meet at the café)  
10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion)  
10-11.30am, Memorial Park, E15, £4 (meet at car park)  
Call 07718 394 874

### Beckton Park Run

Sat, 9am, Beckton Park South, E16. Call 07718 394 756  
www.parkrun.org/beckton

## SPORTS

### BMX

Sun, 10am-12noon, 6-16yrs, £3/£2 members/£10 annual

membership. Gooseley Playing Fields, St Albans Ave, E6  
Call 07961 333 615 or email paul.farthing@activenewham.org.uk

### Indoor Rounders (14+yrs)

Weds, 7-8pm, £1, UEL SportsDock, E16  
Call 020 3373 9000 or email paul.farthing@activenewham.org.uk

### Indoor Cricket (8-16yrs)

Weds, 6-8pm, £2, Lister Community School, St Mary's Rd, E13, email paul.farthing@activenewham.org.uk

### Swimming (5-16yrs)

Newham Young Britons ASC  
Sat, 6.15-7pm. £2, Newham Leisure Centre. Call 07956 304 518

### Woodside

#### Badminton Club

Fri, 7.30-9.30pm, intermediate and club standard. £5 waged/£3 unwaged, Carpenters Docklands Centre, 98 Gibbins Rd, E15. Call 07958 761 676

### Newham Swords (4-7yrs)

Tues, 6-9pm, Thurs, 6-9pm  
Fri, 7-10pm. Classes for adults (18+) and mini-pirates (4-7yrs) also available. UEL SportsDock  
Call 07956 618 898

### Table Tennis

Thurs, 6.30-9pm. Beginner and intermediate adults. Stratford School, Upton Ln, E15. Call 07976 577 716 or email ginny.harris10@btinternet.com

### Badminton

Thurs, 7-9pm (term-time only). £5 for a court and bring a racquet. Little Ilford School, Browning Rd, E12. Email morgan\_phil@hotmail.com or call 07944 117 263

## FOOTBALL

### Mayor's Football League

U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18s, 6-7pm  
Newham Leisure Centre



BMX

### activeNewham Premier League (16+yrs)

6-a-side (4 subs)  
Weds, 7-10pm, Newham Leisure Centre. Visit [www.activenewham.org.uk](http://www.activenewham.org.uk)

### WHU Kickz

Football: Mon, Tues, Fri, 12-15yrs, 4-5.30pm, 16-19yrs, 5.30-7pm. Girls, Mon, 4-7pm  
The Hub  
Football/Gym Session: Thursday, 6-7pm, Little Ilford Learning Zone, 1 Rectory Rd, E12  
Football: Thurs, 5-6pm, Stratford MUGA  
Football/Athletics: Sat, 10.30am-12noon, Newham Leisure Centre

### Football & Multi Sports

Mon, 5.30-7pm, 8-19yrs, Weds, 5-7pm, 8-19yrs, Stratford Park MUGA, West Ham Ln, E15

### 5-a-side Football

Weds, 5-6.30pm, 8-19yrs, Fords Park, Fords Park Rd, E16  
Thurs, 5.30-7pm, 8-19yrs, Royal Victoria Gardens, Pier Rd, E6  
First Sat of the month, 10am-1pm, U12s, U14s, U16yrs, Plashet Park, Plashet Grv, E6

### Football & Multi-Sports (8-19yrs)

Sat, 2-3.30pm, 8-19yrs, Winsor Park Estate, Winsor School MUGA, East Ham Manor Way, E6

### AIR Football (16+yrs)

Tues, 1-3pm and Fri, 10am-12noon, Memorial Park, Memorial Ave, E15  
Fri, 3-5pm, Beckton Powerleague, E6  
Visit [www.airfootball.co.uk](http://www.airfootball.co.uk)





Football

★ Indicates free sessions

Little Ilford Youth Club,  
Rectory Rd, E12

**Basketball & Multi Sports** ★  
Fri, 5-6.30pm, 8-19s, Snowhill  
MUGA, Snowhill Rd, E12

### COMMITTEE MEETINGS

All meetings take place at  
Newham Town Hall, Barking  
Rd, E6, unless specified.

**Tues, 26 Nov, 7pm, Overview  
& Scrutiny Committee,**  
Committee Room 1

**Thurs 28 Nov, 7pm, Newham  
Community and Police Forum,**  
The Lister Room

**Mon 2 Dec, 7pm, Local  
Development Committee,**  
Council Chamber, Old Town  
Hall, Stratford E15

**Tues 3 Dec, 7pm,**  
Regeneration & Employment  
Scrutiny Commission,  
Committee Room 2

**7pm, Health and Social  
Care Scrutiny Committee,**  
Committee Room 1

**Thurs 5 Dec, 4.30pm,**  
Children and Young People  
Trust, Room EG:05/06,  
Newham Dockside, 1000  
Dockside Rd, E16

Visit [www.newham.gov.uk/committee](http://www.newham.gov.uk/committee) for updates.

### CONTACT THE MAYOR

#### 'Here to help' sessions

**Sat 23 Nov, 10am,**  
The Gate, 4-20 Woodgrange  
Rd, Forest Gate, E7  
Doors open for registration at  
9.30am

#### Telephone surgeries

**Weds 27 Nov** – Between  
9.30am and 10.30am please  
call 020 8430 2000 and ask for  
the Mayor's telephone surgery.  
We will take your details and  
the Mayor will call you back.

### LIBRARY CONTACTS

**Beckton Globe**  
1 Kingsford Wy, E6  
**Canning Town** Barking Rd, E16

#### Custom House

Prince Regent Ln, E16

**East Ham** High St South, E6

**Green Street** 337-341 Green St

**The Gate** 6-8 Woodgrange  
Rd, Forest Gate, E7

#### Manor Park

685-691 Romford Rd, E12

#### North Woolwich

5 Pier Parade, E16

**Plaistow** North Street, E13

**Stratford** 3 The Grove, E15

#### Archives and Local Studies

(limited postal and email service  
only) call: 020 3373 6881

email: [archiveslocalstudies@newham.gov.uk](mailto:archiveslocalstudies@newham.gov.uk)

#### Community Outreach

**Services** To find out more call  
020 3373 0813

### CENTRE CONTACTS

#### Balaam Leisure Centre

Balaam St, E13

#### East Ham Leisure Centre

324 Barking Rd, E6

#### The Hartley Centre

267 Barking Rd, E6

#### The Hub

123 Star Ln, E16

#### Jack Cornwell Community

Centre Jack Cornwell St, E12

#### Newham Leisure Centre

281 Prince Regent Ln, E13

#### NewVic

Prince Regent Ln, E13

#### UEL Sports Dock

Docklands  
Campus, University Way, E16

.....  
All listings may be subject  
to change, please contact  
individual events and  
activities before attending.

Hundreds of services  
– one website. Visit  
[www.newham.gov.uk](http://www.newham.gov.uk)

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.....

#### Ascension Football Academy

£3. School years: Reception to  
11yrs, Sat, 10-11.30am  
King George V Park,  
King George Ave, E16  
Call 07806 584 925

#### Men's Health Football Fitness Sessions

Sat, 10-11am, West Ham United  
Community Training Facility,  
60a Albatross CIs, E6  
Call 020 7473 7724

### BASKETBALL



#### Youngbloods Basketball

All sessions cost £1.  
U12s, mixed, Sat, 1-3pm,  
East Ham Leisure Centre  
U13/14s, boys, Mon, 6-8pm,  
St Angela's School, E7  
Tues, 5.30-7.30pm,  
Newham Leisure Centre  
U14s, girls, Mon, 4.30-6pm,  
St Angela's School, E7  
Tues, 5.30-7.30pm,  
Newham Leisure Centre  
U15/16s, boys, Tues, 6-8pm,  
East Ham Leisure Centre  
Fri, 6-8pm, St Angela's School, E7  
U17/18s boys, Tues, 8-9.45pm  
East Ham Leisure Centre  
Thurs, 7-9pm, St Bonaventure's  
School, E7 Fri, 6-8pm, St Angela's  
School, E7. Call 07958 307 657

#### Newham All Star Sports Academy (NASSA)

Sessions are £1 unless  
indicated otherwise.  
Weds, 4.20-6pm, U13-14  
6-8pm, U16-18  
8-10pm, Senior Men  
Thurs, 4.20-6pm U13-14  
6-8pm, U16-18

8-10pm, Senior Women, £2  
Fri, 4.20-6pm, U13-14  
6-8pm, U16-18  
8-10pm, Senior Men Run, £2  
Sat, 10.20am-12.20pm, junior  
boys and girls, 8-14, £2  
All sessions take place at UEL,  
Docklands Campus. Call 07703  
503 995 or 07712 176 301.  
Visit [www.nassasports.org.uk](http://www.nassasports.org.uk)

#### National League

Mon, 6-8pm, U13/14s,  
Rokeby School,  
Barking Rd, E16  
Tues, 6-8pm, U15/16s  
Rokeby School,  
Barking Rd, E16  
Thurs, 4.30-6pm,  
U13/14s boys, U14s girls,  
Newham Leisure Centre,  
Prince Regent Ln, E13  
6-8pm, U16s,  
Newham Leisure Centre,  
6-8pm, U18s, Cumberland  
School, Oban CIs, E13

#### Gifted and Talented

Fri, 4.15-5.30pm  
Cumberland School,  
Oban CIs, E13

#### Senior Programme

Mon, 7.30-9.30pm  
Division 2 Women and Division  
3/4 Men. Rokeby School,  
Canning Town, E16  
Call 07947 401 616

#### 3v3 Basketball League

Thurs, 5-7pm, 8-19s, Forest  
Gate Youth Centre, Woodford  
Rd, E7  
Fri, 7-8pm, 8-19s, Little Ilford  
Youth Zone, Rectory Rd, E12

#### 3v3 Basketball Competition

2nd Sat of the month,  
10am-1pm, U12s/U14s/U16s,



# Starting school

**If your child will have their 5th birthday between 1 September 2014 and 31 August 2015 you need to apply for a reception class place now.**

The deadline for a reception class place for September 2014 is **15 January 2014**. If you miss this date you will have less chance of getting the school that you prefer. Pick up a copy of the autumn 2013 edition of the Starting School guide from any Newham Council operated nursery, infant or primary school.

**Apply online, to apply on time.**



[www.eadmissions.gov.uk](http://www.eadmissions.gov.uk)







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